



MEES Solutions Ltd
Common sense compliance

Imagine a world with no flowers?

We believe we all need to play a part in preserving our planet—sustainability, protecting bio-diversity, reducing carbon emissions and energy efficiency goes far beyond simply changing to low energy light bulbs.



Poppy's Campaign

MEES Solutions are sending out Poppy Seeds in the coming weeks and David Cadwallader, Director explains why this is important to him, **“ I love flowers so much that my children are named after two of my favourite ones, Poppy and Daisy. Watch out for Daisy's campaign later in the year.”**

Here's how to grow yours:

Sowing instructions: Sow thinly outdoors where they are to flower. Prepare the ground well and rake to a fine tilth before sowing and sow 1.5mm (1/16in) deep in rows 30cm(12in) apart.

Growing instructions: They prefer a sunny site in ordinary well drained soil but will flourish in most sites and soils. When large enough to handle, thin out the seedlings to 15-23cm (6-9in) apart. Alternatively. Sow seed in the autumn for flowers in early summer and staggered sowings through the spring will extend the flowering season. **Caution : Harmful if eaten.**